



# SPORTING INFLUENCE

Improving Social Skills Through Sport

## PE With Mr Whitford

This term Mr Whitford has been delivering a variety of sports and activities across the whole school.

Reception class have demonstrated brilliant determination throughout their lessons. They have developed a range of fundamental movement skills such as:

- Spatial awareness and moving into space
- Throwing and catching
- Agility and reactions
- Controlling an object when moving with it

Class 2 children have focused on Gymnastics and Dance:

- Gymnastics – developed travelling ideas, making different shapes with their body, jumping and using apparatus such as benches and tables.
- Dance – children have explored different types of cultural dances from Asia, Africa and Australasia, where they have looked at dancing in time with the music and the use of dynamics and formations.

Class 3 children have enjoyed working on Tennis and Gymnastics this term:

- Gymnastics - children have developed a range of rolls, partner balances and explored flight.
- Tennis – focus placed on striking the ball consistently into space, the forehand and introduction to the backhand.

Class 4 children have shown great determination in Tag Rugby and Tennis.

- Tag Rugby - children have developed skills such as moving forwards and passing sideways/backwards, running into space to beat an opponent and how to tag effectively.
- Tennis – focus placed on decision-making when playing a shot, the serve and game play.

Afterschool Club

- This term children have had fun playing Dodgeball and Basketball. They have worked on their teamwork skills as well as skills required to play the games. After Easter we will look at summer sports e.g. Rounders, Cricket, Tennis & Athletics.



*On the field all set to go for a game of Touchdown with Class 1*



*The Pike shape children have made in Gymnastics*



*Children had the chance to use the tennis nets during their tennis lessons*